Chefs participated in an educational activity by using balloons and a cup to explain the function of the lung and diaphragm. The community engagement team led the planning for the inaugural holistic family health event, which provided more than 3,400 health screenings and educational opportunities for high school students through the new EBRSS industry partnerships. The education outreach and community teams worked hard to make the event a success.

In the Baton Rouge Area Chamber, the community engagement team collaborated with the Big Health Event to promote health and wellness. The event featured a variety of activities for all ages, including a memory game. The program will launch this fall, offering additional opportunities for students, faculty, and staff.

Schools in the state of Louisiana are becoming healthier environments for students, visitors, and staff. These schools are the only designated Project ADAM Heart Safe schools, committed to implementing sudden cardiac arrest programs of awareness, training, and effective emergency response to promote a safe school environment. Recognized for excellence in health and safety by the Louisiana Athletic Trainers' Association, Ursuline Academy, Ben Franklin, John Curtis, and St. Martin's Episcopal School were among the schools honored.

Wellness Day was celebrated at schools across the state, with special emphasis on integrating mindfulness into everyday activities. At the Ochsner John Ehret School-based health center, Wellness Day was a success, recruiting students across all grade levels for membership in their wellness club. Nurse Practitioner Dionne Jones led the effort to create a peaceful zen garden just behind the clinic, creating a tranquil space for students to relax and enjoy.

At the Samuel J. Green Charter School, the Ochsner Healthy Schools team collaborated with fourth-year medical students from the University of Queensland to perform hearing and vision screenings on 200 K-8th graders. The medical students worked collaboratively to develop asthma education and safe Halloween tips for the students. Asthma education was particularly highlighted, emphasizing the importance of managing the condition effectively.

If you plan to trick or treat, make it a safe Halloween! We are pleased to offer asthma education, safe Halloween tips, and information about flu season. Take advantage of flu vaccine events that are happening. Here is more information about the Ochsner Drive thru Flu Clinic. If you have questions or need assistance, feel free to contact us.

We hope you found this month's newsletter informative and beneficial. Our health priorities are supported by our Education Outreach and Community teams across the state. If you plan to trick or treat, make it a safe Halloween! We are pleased to offer asthma education, safe Halloween tips, and information about flu season. Take advantage of flu vaccine events that are happening. Here is more information about the Ochsner Drive thru Flu Clinic. If you have questions or need assistance, feel free to contact us.